

MONICAL'S PIZZA RESTAURANT

STARTERS



SOFTDOUGH BREADSTICKS

Served with choice of Marinara (adds 25 cal/oz.), Alfredo (adds 20 cal/oz.), Nacho (adds 35 cal/oz.), Garlic Sauce (adds 240 cal/per cup), or Mild Cheddar (adds 40 cal/oz.).

Pair (2) & 3 oz. of Dippin' Sauce.....	3.99
Individual (5) & 3 oz. of Dippin' Sauce.....	6.49
Family Pack (10) & 6 oz. of Dippin' Sauce.....	11.79
Party Pack (25) & 15 oz of Dippin' Sauce.....	29.19
130 cal/stick	
Additional 3 oz. Dippin' Sauce -	1.00



GARLIC BREAD

Eight pieces of toasted Garlic Bread.

Served with Marinara (adds 25 cal/oz.)	6.49
Add melted Mozzarella Cheese	7.49
80 cal/piece with Mozz. -	100 cal/piece

MOZZARELLA STICKS

Mozzarella dipped in Parmesan and Romano breading and then baked. Served with Marinara (adds 25 cal/oz.).

Order of 5.....	6.99
Order of 10	12.49
90 cal/stick	

HOT WINGS

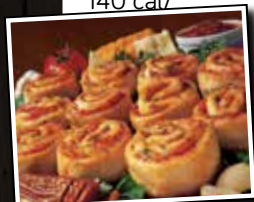
Bone-in Chicken Wings seasoned with a Spicy Sauce and served with Ranch Dressing (adds 130 cal/oz.).

Order of 6 & 3 oz. Ranch Dressing	8.49
Order of 12 & 6 oz. Ranch Dressing	14.99
Order of 24 & 12 oz. Ranch Dressing	27.99
60-100 cal/wing	

MEATBALLS

Delicious Meatballs smothered in Marinara and topped with Mozzarella and Colby Cheeses.

Order of 5.....	7.49
Order of 10	13.99
140 cal/	meatball



PEPPEROLLIES

Fresh-baked rolls with zesty Pepperoni, rich Puree and 4 Cheeses. Seasoned with a hint of Garlic and served with Marinara (adds 25 cal/oz.).

Order of 3.....	6.49
Order of 6.....	11.99
Order of 12.....	19.49
220 cal/Pepperollie	

SALADS

SIDE OF DRESSING: 15-150 cal/2 tbsp.
Monical's Famous Sweet & Tart, Creamy Italian, Monical's Sweet & Tart Light, Ranch, Light Ranch, Thousand Island, Fat-Free Vinaigrette

GARDEN FRESH SALAD

Fresh Lettuce with Tomatoes, Shredded Carrots and Colby Cheese.

Individual 90 cal	3.99
Family 350 cal	9.49

The following are served with one Softdough Breadstick (130 cal)



PECAN GRILLED CHICKEN SALAD

360 cal

Grilled Chicken with Romaine Lettuce, Red Bell Peppers, Red Onions, Toasted Pecans and Shredded Parmesan Cheese.	11.99
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THIS ITEM CONTAINS NUTS.

SOUTHWEST CHICKEN SALAD

300 cal

Grilled Chicken with Romaine Lettuce, diced Red and Green Bell Peppers, Red Onions, and Colby Cheese.	11.99
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CHEF SALAD

340 cal

Crisp Lettuce topped with Ham, Turkey, Mozzarella and Colby Cheeses, Tomatoes, Shredded Carrots and Red Pepper Rings.	11.99
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EXTRA MOZZARELLA, COLBY OR TOPPINGS

Individual add 0-110 cal	1.00 ea
Family Garden Salad add 20-280 cal	2.00 ea



Take Some Home!

Our Famous Sweet & Tart Dressing Regular or Light

Retail Package.....	5.99
5 oz. Dressing To-Go 80-750 cal.....	1.49

PASTAS

Regular served with 2 Garlic Breadsticks/5 Garlic Breadsticks with Family Pasta (150 cal/stick). Family Size equals 4 servings.

SPAGHETTI WITH MARINARA

Regular 440 cal	8.99
Family 1750 cal	28.99

A healthy portion of Spaghetti with Marinara. Alfredo Sauce may be substituted.
Alfredo Sauce: Regular-420 cal Family-1690 cal

SPAGHETTI & MEATBALLS

Regular 700 cal	11.24
Family 2790 cal	37.99

Thin Spaghetti noodles topped with delicious Meatballs and Marinara. Alfredo Sauce may be substituted.
Alfredo Sauce: Regular-680 cal Family-2730 cal



LASAGNA

Regular 650 cal	10.49
Family 2590 cal	31.99

Lasagna noodles layered with Ricotta Cheese and topped with Marinara and a blend of Mozzarella, Provolone, and Colby Cheeses.

BAKED RAVIOLI

Regular 680 cal	10.49
Family 2700 cal	31.99

Cheese Ravioli baked in a creamy Alfredo Sauce and topped with diced Tomatoes, Bacon, Mozzarella, Provolone and Colby Cheeses.



TORTELLINI

Regular 450 cal	10.49
Family 1800 cal	31.99

A generous portion of Meat-filled Tortellini topped with rich Marinara.

MAC & CHEESE

Individual 300 cal	4.99
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Add Meatballs to any Pasta!

Regular order of 3 add 260 cal	2.25
Family order of 12 add 1040 cal	9.00

Make it a Supreme! Add Premium Blend Cheese.

Regular add 150 cal	75¢
Family add 580 cal	2.25

SANDWICHES

Served warm on a Sub Roll with choice of Chips (add 140-160 cal) or Apple Sauce (add 100 cal).



HOT SICILIAN

White - 840 cal Wheat - 750 cal	10.79
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Sliced Ham, Bacon, Pepperoni, melted Mozzarella and Lettuce with Mustard Sauce.

TURKEY BLT

White - 650 cal Wheat - 560 cal	10.79
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Sliced Turkey with Bacon, Lettuce, Tomatoes and Light Mayo. Add melted Mozzarella to Regular (add 180 cal) for 1.00 more.

BBQ CHICKEN

White - 830 cal Wheat - 740 cal	10.79
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Grilled Chicken with BBQ Sauce and topped with melted Mozzarella.

ITALIAN BEEF

White - 660 cal Wheat - 570 cal	10.79
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Seasoned Beef topped with Hot Pepperoncini and served with Au Jus. Add melted Mozzarella (add 180 cal) for 1.00 more.



MEATBALL SUB

White - 1170 cal Wheat - 1080 cal	10.79
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Meatballs with melted Mozzarella and Marinara. Served with a side of Hot Pepperoncini and Marinara for dipping.

TURKEY SUB

White - 730 cal Wheat - 640 cal	10.79
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Turkey topped with melted Mozzarella, Lettuce and Tomatoes with Mustard Sauce.

PIZZAS *Famous for The Family Pleaser® - Pizza, Family Salad, and Beverages*

	THIN CRUST				PAN			GLUTEN-FREE
	8"	12"	14"	16"	8"	10"	14"	9"
Portion Size	6 slices	16 pieces	25 pieces	36 pieces	6 slices	6 slices	8 slices	8 slices
Cheese Only	6.99	14.39	17.39	19.39	7.59	14.89	19.89	14.39
cal per piece or slice*	80 cal.	70 cal.	60 cal.	50 cal.	120 cal.	240 cal.	340 cal.	110 cal.
Toppings (each)	80¢	1.50	2.40	2.60	80¢	1.50	2.60	1.50
BBQ Chicken	8.39	17.39	21.79	24.24	8.99	18.39	24.74	17.39
Delight/Mighty Meat Deluxe/Italian Special Florentine/Cheese-Free	10.19	20.39	26.99	29.79	10.79	20.89	30.29	20.39
Veggie	10.79	21.89	28.99	32.04	11.39	22.89	32.54	21.89
Chicken Bacon Ranch	8.79	17.39	22.19	24.59	9.19	17.89	25.09	17.39
Premium Blend/ Extra Cheese	60¢	1.50	2.00	2.25	60¢	2.00	2.25	1.50
cal per piece or slice*	15-25 cal.	10-15 cal.	10-15 cal.	10-15 cal.	15-25 cal.	20-45 cal.	40-60 cal.	10-25 cal.

*Calories based on cheese only, added toppings extra.

DISCLAIMER: While we offer a Gluten-Free pizza crust, we are not a Gluten-Free kitchen. Cross-contamination could occur, and our restaurant is unable to guarantee that menu items can be completely free of allergens.

MEAT TOPPINGS

Sausage.....	80 - 380 cal
Pepperoni.....	90 - 350 cal
Bacon.....	160 - 630 cal
Ham.....	40 - 180 cal
Hamburger.....	70 - 360 cal
Steak.....	80 - 300 cal
Seasoned Chicken.....	70 - 270 cal

VEGGIE TOPPINGS

Mushrooms.....	10 - 50 cal
Tomatoes.....	10 - 40 cal
Onions.....	15 - 60 cal
Red Onions.....	15 - 60 cal
Fresh Spinach.....	5 - 20 cal
Black Olives.....	80 - 320 cal
Green Olives.....	110 - 430 cal
Minced Garlic.....	5 - 15 cal

Green Bell Peppers.....	10 - 35 cal
Red Bell Peppers..	10 - 45 cal
Banana Peppers.....	5 - 15 cal
Jalapeno Peppers...	5 - 15 cal
Hot Pepperoncini...	5 - 25 cal
Pineapple.....	60 - 230 cal

For a Cheese-Free option, simply ask to remove cheese from any Thin, Pan, Point or Gluten-Free pizza.

SPECIALTY PIZZAS



DELUXE - Sausage, Pepperoni, Mushrooms, Onions, Green Olives, Green Bell Peppers and Hot Pepperoncini
80-450 cal per piece or slice

DELIGHT - Sausage, Pepperoni, Mushrooms, Onions and Green Bell Peppers
70-420 cal per piece or slice

MIGHTY MEAT - Sausage, Ham, Pepperoni and Bacon
90-490 cal per piece or slice

ITALIAN SPECIAL - Sausage, Mushrooms, Onions, Green Olives and Hot Pepperoncini
70-430 cal per piece or slice

CHICKEN BACON RANCH - Seasoned Chicken, Bacon and Ranch Dressing
80-530 cal per piece or slice

CHEESE-FREE - Seasoned Pizza Sauce, Onions, Green Bell Peppers, Mushrooms and Hot Pepperoncini
50-240 cal per piece or slice

BBQ CHICKEN - Seasoned Chicken, BBQ Sauce and Premium Blend Cheese
150-460 cal per piece or slice

FLORENTINE - Fresh Spinach, Minced Garlic, Red Bell Peppers and Red Onions with a thin layer of Mozzarella Cheese
50-330 cal per piece or slice

VEGGIE - Mushrooms, Onions, Green Bell Peppers, Black Olives, Tomatoes and Premium Blend Cheese
70-420 cal per piece or slice

MAKE IT A PLEASER!

FAMILY PLEASER®

for only 9.49 more
Add a Family Garden Salad and a pitcher of Soft Drink to your choice of:

- 14" Pizza (Thin/Pan)
- 16" Pizza (Thin)
- The Point Pizza
- Family Pasta

PLEASER FOR 2

for only 7.49 more
Add two Individual Garden Salads and two large Soft Drinks to your choice of:

- 10" Pizza (Pan)
- 14" Pizza (Thin/Pan)
- 16" Pizza (Thin)
- The Point Pizza
- Gluten-Free Pizza

INDIVIDUAL PLEASER

for only 5.49 more
Add an Individual Garden Salad and a large Soft Drink to your choice of:

- 8" Pizza (Thin/Pan)
- Gluten-Free Pizza
- Pizza Bowl
- Individual Pasta
- Sandwich



MONICAL'S CRUSTLESS PIZZA BOWLS

Up to 3 Toppings 8.99

4 or more Toppings 9.99

390 - 855 cal/bowl

Not available with hamburger. Toppings exclude premium blend or extra cheese.

Prepared with Gluten-Free procedures upon request.



THE POINT 18.89

170 - 260 cal/piece, 14 pieces

More Cheese, More Toppings, Sweeter Sauce, Thicker Crust! Includes up to 3 Toppings. Additional Toppings may be purchased. Toppings do not include extra portions of Meat or Veggies, Extra Cheese or Premium Blend.



12" OVEN-READY (frozen)

Monical's Oven-Ready frozen pizzas provide the convenience of frozen with that great Monical's taste straight from your oven.

Cheese 9.99

Pepperoni 10.99

Sausage 10.99

DESSERTS



CHOCOLATE CHUNK COOKIE

Enjoy now or take some home for later.

530 cal/cookie

Individual cookie 2.19



MONKEY BREAD

Ooey, Goey, Cinnamony Goodness! The best part of a Cinnamon roll in every bite! Perfect for sharing!

1390 cal 7.99

BEVERAGES

We proudly serve products. Free refills on Soft Drinks, Coffee, Iced Tea and Sweet Tea.

SOFT DRINKS, ICED TEA, OR SWEET TEA

Small 0-110 cal 2.09

Large 0-210 cal 3.09

Pitcher 0-740 cal 7.99

1% MILK 100 cal 1.69

1% CHOCOLATE MILK

160 cal 1.69

100% APPLE JUICE 120 cal . 1.69

COFFEE 0 cal 2.29

BOTTLED BEERS

Selection may vary by location.

DOMESTIC 6.75

Calories: Bud-150, Bud Light-110, Miller Lite-100

PREMIUM 7.75

Calories: Corona Extra-150, Samuel Adams Boston Lager-180

Visit monicals.com for catering, fundraising, gift cards and Monical's merchandise. Prices and items subject to change.