

DESSERTS

BIG COOKIE SUNDAE

10 col	QΩ
rith Chocolate Sauce.	
. big warm Chocolate Chunk Cookie, topped with Vanilla Ice Cream and drizzi	led

MONKEY BREAD

1390 cal	5.99
pite! Perfect for sharing!	
Doey, Gooey, Cinnamony Goodness: The dest part of a Cinnamon roll in eve	er y

CHOCOLATE CHUNK COOKIE

Enjoy now or take norme for later.	
530 cal	2.49

BEVERAGES

We proudly serve



SOFT DRINKS, ICED TEA, OR SWEET TEA

Small 0-110 cal	1.79
Large 0-210 cal	2.79
X-Large 0-340 cal	2.99
2-Liter	3.69
1% MILK 100 cal	1.29
100% APPLE JUICE 120 cal/8 oz	1.29
COFFEE OR BOTTLED WATER 0 cal	2.09

WE ACCEPT













2,000 calories a day is used for general nutrition advice, but calorie needs vary. For complete nutritional meal calculator, visit www.monicals.com

1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4 to 8 years and 1,400 to 2,000 calories a day for children ages 9 to 13 years, but calorie needs vary.





SANDWICHES

Slices (add 80 cal). Large equals 2 servings. Calorie count based on regular size sandwich.

BBQ CHICKEN

830 cal Grilled Chicken with BBQ Sauce and topped with melted Mozzarella.

HOT SICILIAN

840 cal Sliced Ham, Bacon, Pepperoni, melted Mozzarella and Lettuce with

TURKEY SUB

860 cal Turkey topped with melted Mozzarella, Lettuce and Tomato with Mayonnaise. Add Bacon to Regular (add 130 cal) for 75¢ more or to a Large (add 260 cal) for \$1.50 more.

* CLUB SUB

1000 cal Sliced Turkey, Ham, Bacon, melted Mozzarella and topped with Lettuce, Tomato and Mayonnaise.

* CHICKEN PARMESAN

1150 cal Fried Homestlye Chicken Tenders topped with melted Mozzarella and Marinara. Served with a side Marinara for dipping.

ITALIAN BEEF

660 cal Seasoned Beef served with Au Jus and a side of Hot Giardiniera (add 150 cal) or Hot Pepperoncini (add 10 cal). Add melted Mozzarella to Regular (add 180 cal) for 75¢ more or to a Large (add 360 cal) for \$1.50 more.

MEATBALL SUB

1160 cal Meatballs with melted Mozzarella and Marinara. Served with Marinara for dipping.

CHICKEN BACON RANCH

1080 cal Grilled Chicken and Bacon smothered in Ranch Dressing with melted Mozzarella cheese.

* HAM & CHEESE

930 cal Sliced Ham topped with melted Mozzarella and Colby Cheeses.

* ITALIAN SUB

980 cal Sliced Ham, Pepperoni and melted Mozzarella topped with Lettuce, Tomatoes and Creamy Italian Dressing.

Regular 8.99 Large 15.99

Make it a Pleaser!

Add an Individual Salad and Large Soft Drink to any sandwich for just 3.75 more.

* Location specific menu item. For Nutritional Information, visit our online Nutritional Calculator at www.monicals.com and select the location specific menu item.





PASTAS

Served with 2 Garlic Breadsticks /5 with Family Pasta (150 cal/stick). Family equals 4 servings. Add Meatballs: 2.25 for an Individual Order of 3 Meatballs or 9.00 for a Family Order of 12 Meatballs (90 cal/meatball).

SPAGHETTI

Regular 440 cal	7.99
Family 1750 cal	24.99
A healthy portion of Spaghetti with Marinara. Meat Sauce may be	substituted.
Meat Sauce: Regular - 450 cal Family - 1790 cal	

CHEESE RAVIOLI

Regular 470 cal	9.39
Family 1890 cal	27.59
Cheese-filled Ravioli topped with Marinara. Meat Sauce may b	e substituted.

TORTELLINI

Regular 450 cal	9.39
Family 1800 cal	
A generous portion of Meat-filled Tortellini topped with rich Ma	rinara. Meat
Sauce may be substituted.	

Meat Sauce: Regular - 460 cal Family - 1850 cal

Meat Sauce: Regular - 490 cal Family - 1950 cal

LASAGNA

Regular 650 cal	9.39
Family 2590 cal	27.59

Lasagna noodles layered with Ricotta Cheese and topped with Marinara and a blend of Mozzarella, Provolone, and Colby Cheeses. Meat Sauce may be

Meat Sauce: Regular - 660 cal Family - 2650 cal

Make it a Supreme! Add Premium Blend Cheese

Regular 50¢ more add 150 cal Family 2.00 more add 580 cal

Upgrade to Garlic Bread for only

Regular 1.00 more add 290 cal Family 3.00 more add 1180 cal

Make it a Pleaser!

Add an Individual Salad and Large Soft Drink for just 3.75 more.

Add a Family Garden Salad and a 2-Liter of Soft Drink to any Family Size Pasta for just 8.00 more.

FOLLOW US ON

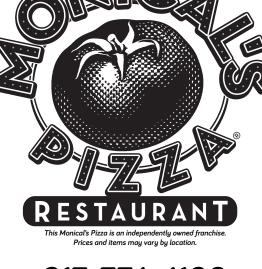






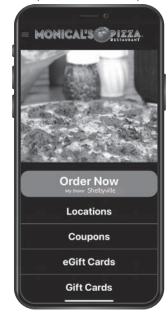






217-774-4100 1900 W Main Street, Shelbyville

Pick Up & Delivery Menu



Download our APP or Order at www.monicals.com





STARTERS

SOFTDOUGH BREADSTICKS

Served with choice of Marinara (adds 25 cal/oz), Nacho (adds 35 cal/oz), Garlic Sauce (adds 240 cal/per cup) or Mild Cheddar (adds 40 cal/oz). Pair (2) & 3 oz. of Dippin' Sauce Individual (5) & 3 oz. of Dippin' Sauce 5.69 Additional 3 oz. Dippin' Sauce - 75c 130 cal/stick

* GARLIC BREAD

Two slices of Garlic Bread cut into 4 pieces. . 3.29 150 cal/piece

* GARLIC CHEESE BREAD

Four slices of Garlic Bread cut into 8 pieces topped with melted Mozzarella. Served with Marinara (adds 25 cal/oz) 170 cal/piece

CRISPY FRIED MOZZARELLA STICKS

Mozzarella dipped in Parmesan and Romano breading and then fried. Served with Marinara Dipping Sauce (adds 25 cal/oz). 100 cal/stick

MEATBALLS

Delicious Meatballs smothered in Marinara and topped with Mozzarella and Colby Cheeses. Order of 5 Order of 10 Order of 20

CRISPY FRIED WINGS - HOT OR BBQ

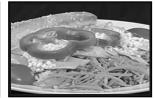
Fried Bone-in Chicken Wings tossed in Spicy or BBQ Sauce and served with Ranch Dressing or Blue Cheese (adds 130 cal/oz) Small (6) & 3 oz. Dressing Medium (12) & 6 oz. Dressing Large (24) & 10 oz. Dressing Spicy (80 - 120 cal/wing) BBQ (90 - 130 cal/wing)

CRISPY FRIED HOMESTYLE CHICKEN STRIPS

Fried Chicken Strips served with your choice of Dipping Sauce. Ranch Dressing (adds 130 cal/oz) or BBQ Sauce (adds 70 cal/oz) Order of 6 180 cal/strip







SALADS

SIDE OF DRESSING: (15 - 150 cal/2 tbsp.)

Sweet & Tart, Creamy Italian, Golden Italian, Ranch, Blue Cheese, Monical's Sweet & Tart Light

GARDEN FRESH SALAD Fresh Lettuce with Tomatoes, Shredded Carrots and Colby Cheese.

Individual 90 cal 3.94	Family 350 cal 7	.74
Party Size Garden Fresh Salads Available	for Pick Up & Delivery Only	
LARGE PARTY SALAD (Serves 1	5) 24.	00
X-LARGE PARTY SALAD (Serv	res 25) 43.	00

The following are served with one Softdough Breadstick (130 cal)

* CHICKEN SALAD

GRILLED- 420 cal OR CRISPY FRIED- 840 cal..... Crisp Lettuce topped with Grilled or Crispy Fried Chicken, Mozzarella and Colby Cheeses, Tomatoes, Shredded Carrots and Red Pepper Rings.

CHEF SALAD 340 cal Crisp Lettuce topped with Ham, Turkey, Mozzarella & Colby Cheeses, Tomatoes,

Shredded Carrots and Red Pepper Rings. EXTRA MOZZARELLA, COLBY OR TOPPINGS



Take Some Home

Monical's Famous Sweet & Tart Dressing

Retail Package 5 oz. Dressing To-Go **80 - 750 cal** **75¢**

NOTICE TO CONSUMERS

Please communicate any food allergies to an employee of this establishment and that employee shall communicate that food allergy information to the Person In Charge or Certified Food Protection Manager on duty at this establishment.

* Location specific menu item. For Nutritional Information, visit our online Nutritional Calculator at www.monicals.com and select the location specific menu item.





PIZZAS

Famous for The Family Pleaser® Pizza, Family Salad, and Beverages

	THIN CRUST				
Portion Size	8"	12"	14"	16"	
	9 pieces	16 pieces	25 pieces	36 pieces	
Cheese	6.25	13.75	16.75	18.75	
Calories/Piece or Slice	50 cal	70 cal	60 cal	50 cal	
Toppings (each)	40¢	80¢	1.25	1.50	
Cal/Piece or Slice adds	0-20 cal	0-20 cal	0-20 cal	0-15 cal	
Prem. Blend/Extra Cheese	50¢	1.25	1.50	1.75	
Cal/Piece or Slice adds	10-15 cal	10-15 cal	10-15 cal	10-15 cal	

MEAT TOPPINGS	VEGGIE TO	PPINGS	
Sausage 80 - 380 ci Pepperoni 90 - 350 ci Bacon 160 - 630 ci Ham 40 - 180 ci Hamburger 70 - 360 ci Steak 80 - 300 ci Seasoned	Mushrooms In Tomatoes In Onions In Black Olives In Green Olives In Minced Garlic	10 - 50 cal 10 - 40 cal 15 - 60 cal 80 - 320 cal 110 - 430 cal 5 - 15 cal	Green Bell Peppers 10 - 35 cal Hot Pepperoncini 5 - 25 cal Jalapeno Peppers 5 - 15 cal Banana Peppers 5 - 15 cal Hot Giardiniera 80 - 300 cal Pineapple 60 - 230 cal

For a Cheese-Free option, simply ask to remove cheese from any Pizza.

PAN PIZZA					GLUTEN FREE
Portion Size	8"	10"	12"	14"	9"
	6 slices	6 slices	8 slice	8 slice	8 slices
Cheese Only	6.65	14.55	18.00	20.25	13.00
Calories/Piece or Slice	120 cal	240 cal	270 cal	340 cal	110 cal
Toppings (each)	40¢	80¢	1.25	1.50	75¢
Cal/Piece or Slice adds	0-25 cal	0-40 cal	0-60 cal	0-80 cal	0-30 ca
Prem. Blend/Extra Cheese	50¢	1.25	1.50	1.75	1.25
Cal/Piece or Slice adds	15-25 cal	20-45 cal	30-45 cal	40-60 cal	10-25 cal

DISCLAIMER: While we offer a Gluten-Free pizza crust, we are not a Gluten-Free kitchen. Cross contamination could occur, and our restaurant is unable to guarantee that this menu item can be completely free of allergens.

Make it a Pleaser

FAMILY PLEASER® for only 8.00 more

Add a Family Garden Salad and a 2-Liter of Soft Drink to your choice of:

- 12" Medium or 14" Large (Pan)
- 14" Medium or 16" Large (Thin)
- Family Pasta

PLEASER FOR 2 for only 5.50 more

Add Two Individual Garden Salads and Two Large Soft Drinks, to your choice of:

- 10" Small, 12" Medium or 14" Large (Pan)
- 12" Small. 14" Medium or 16" Large (Thin)
- Gluten-Free Pizza

INDIVIDUAL PLEASER

for only 3.75 more Add an Individual Garden Salad and a Large Soft Drink, to your choice of:

- 8" Pizza (Pan or Thin)
- Individual Pasta • Gluten-Free Pizza
- · Reg. or Lg. Sandwich





SPECIALTY PIZZAS

	THIN CRUST							
Portion Size	8" 9 pieces	12" 16 pieces	14" 25 pieces	16" 36 pieces				
BBQ Chicken / Hawaiian Chicken Bacon Ranch Calories per Piece or Slice	7.15 60-150 cal	15.80 80-120 cal	19.50 70-110 cal	22.00 60-100 cal				
Delight / Mighty Meat Deluxe / Italian Special Rams / Tropical /	7.85	16.95	21.75	24.75				
Veggie Calories per Piece or Slice	70-90 cal	90-110 cal	80-100 cal	70-90 cal				

BBQ CHICKEN

Seasoned Chicken, BBO Sauce and Premium Blend Cheese

DELIGHT

Sausage, Pepperoni, Mushrooms, Onions and Green Bell Peppers

DELUXE

Sausage, Pepperoni, Mushrooms, Onions, Green Olives, Green Bell Peppers and Hot Pepperoncini

ITALIAN SPECIAL

Sausage, Mushrooms, Onions, Green Olives and Hot Pepperoncini

CHICKEN BACON RANCH

MIGHTY MEAT

Sausage, Ham, Pepperoni and Bacon

RAMS SPECIAL

Sausage, Pepperoni, Bacon, Mushrooms, Onions and Green Bell Peppers

TROPICAL

Ham, Pineapple, Bacon and Premium Blend Cheese

VEGGIE

Mushrooms, Onions, Green Bell Peppers, Black Olives, Tomatoes and Premium Blend Cheese

HAWAIIAN

Chicken, Bacon and Ranch Dressing Ham and Pineapple

		GLUTEN FREE			
	8"	10"	12"	14"	9"
Portion Size	6 slices	6 slices	8 slice	8 slice	8 slices
BBQ Chicken / Hawaiian Chicken Bacon Ranch Calories/Piece or Slice	7.55 140-190 cal	16.60 260-350 cal	20.75 310-420 cal	23.50 l390-530 cal	15.00 130-180 cal
Delight / Mighty Meat Deluxe / Italian Special Rams / Tropical /	8.25	17.75	23.00	26.25	16.00
Veggie calories per Piece or Slice	150-180cal	270-320cal	340-390ca	l 420-490cal	140-170cal

12" OVEN-READY (frozen)

Cook on the grill or in the oven! With Monical's Oven Ready frozen pizzas, you can

have the convenience of frozen with that great Monical's taste straight from your oven.



2,000 calories a day is used for general nutrition advice, but calorie needs vary. For complete nutritional meal calculator, visit www.monicals.com