This Monical's Pizza is an independently family owned franchise. Prices and items may vary by location.

# **STARTERS**

## SOFTDOUGH BREADSTICKS



Served with choice of Marinara (adds 25 cal/oz.), Nacho (adds 35 cal/oz.), Mild Cheddar (adds 40 cal/oz.) or Garlic Sauce (add 240

1000	Pair (2) & 3 oz. of Dippin' Sauce	3.70	
	Individual (5) & 3 oz. of Dippin' Sauce	6.25	
	Family Pack (10) & 6 oz. of Dippin' Sauce		
	Party Pack (25) & 15 oz. of Dippin' Sauce	26.99	
Additional 3oz Dippin' Sauce			

130 cal/stick

# GARLIC CHEESE BREAD

Eight slice of toasted Garlic Sweet Bread topped with Mozzarella Cheese 100 cal/piece

## SPICY WINGS

Bone-in Chicken Wings seasoned with a Spicy Sauce and served with Ranch or Bleu Cheese Dressing (adds 130 cal/oz.). 70-100 cal/wing

### **MOZZARELLA STICKS**

Mozzarella dipped in Paemesan and Romano breading and baked. Served with Marinara (adds 25 cal/oz.) 90 cal/stick



### **PEPPEROLLIES**

220 cal/Pepperollie

Fresh-baked rolls with zesty Pepperoni, rich Puree and 4 Cheeses. Seasoned with a hint of Garlic and served with Marinara (adds 25 cal/oz.). 

SIDE OF DRESSING: 15-150 cal/2 tbsp.
Sweet & Tart, Creamy Italian, Ranch, Blue Cheese,
Thousand Island, Fat-Free Raspberry Vinaigrette

# GARDEN FRESH SALAD

Fresh Lettuce with Tomatoes, Shredded Carrots and Colby Cheese. 

The following is served with one Softdough Breadstick (130 cal)



# PECAN GRILLED CHICKEN SALAD

Grilled Chicken with Romaine Lettuce, Red Bell Pepper, Red Onion, Toasted Pecans and Shredded Parmesan Cheese. THIS ITEM CONTAINS NUTS.

# CHEF SALAD

340 cal ... .. 10.50 Crisp Lettuce topped with Ham, Turkey, Mozzarella and Colby Cheeses, Tomatoes, Shredded Carrots and Red Bell Peppers.

# **GRILLED CHICKEN SALAD**

Grilled Chicken with Lettuce, Carrots, Tomatoes, Mozzarella and Colby Cheeses.

# EXTRA MOZZARELLA, COLBY OR TOPPINGS

Individual add 0-110 cal ...... 



# Take Some Home!

Our Famous Sweet & Tart Dressing Retail Package...... 5 oz. Dressing To-Go 80-750 cal...... 1.09

# **SANDWICHES** Served warm on a Sweet Roll with Chips (add 140-160 cal)



## HOT SICILIAN

Ham, Bacon, Pepperoni, melted Mozzarella and Lettuce with Mustard Sauce.

### **TURKEY SUB**

840 cal ..... Sliced Turkey combined with Lettuce, Tomato, Mozzarella and Mayo. Add Bacon (add 130 cal) for 1.25 more.

### BBQ CHICKEN

810 cal ..... Grilled Chicken with BBQ Sauce and topped with melted Mozzarella.

# CHICKEN BACON RANCH

Grilled Chicken, Bacon, Mozzarella layered with Ranch Dressing.

## HAM & CHEESE

590 cal ..... Ham topped with melted American Cheese.

### BUFFALO CHICKEN

940 cal ..... Grilled Chicken smothered in Buffalo Sauce topped with Ranch Dressing and Mozzarella.

### **EXTRA VEGGIE TOPPING PORTIONS:**

add 0-70 cal .....

# EXTRA MEAT OR CHEESE TOPPING PORTIONS:

EXTRA CHIPS .......150 ea

Add an Individual Salad and Large Soft Drink to any Sandwich for......4.99 more.

PASTAS

Regular served with 2 Garlic Breadsticks.
Family served with 5 Garlic Breadsticks.
(150 cal/stick) Family equals 4 Regular servings.

# SPAGHETTI WITH MARINARA

A healthy portion of Spaghetti with Marinara.

# CHEESE TORTELLINI

A generous portion of Cheese-filled Tortellini topped with rich

# KIDS PASTA

220-430 cal .. Half portion of Spaghetti or Cheese Tortellini. Served with a warm Garlic Breadstick (adds 150 cal)

# MAC & CHEESE

300 cal .....

### Add Meatballs to any Pasta!

# Add Premium Blend Cheese. Make it a Supreme!

Regular add 150 cal ..... Family add 580 cal .....

# Make it a Pleaser!

Add an Individual Salad and Large Soft Drink..... Add a Family Salad and Pither of Soft Drink to any Family Size Pasta .... 9.25 more.

PIZZAS Famous for The Family Pleaser® - Pizza, Family Salad, and Pitcher

	THIN C	RUST			PAN			<b>GLUTEN-FREE</b>
	8"	12"	14"	16"	8"	10"	14"	9"
Portion Size	6 slices	16 pieces	25 pieces	36 pieces	<u>6 slices</u>	6 slices	8 slices	<u>8 slices</u>
Cheese Only cal per piece or slice*	6.75 80 cal.	12.25 70 cal.	16.50 60 cal.	18.75 50 cal.	7.25 120 cal.	12.25 240 cal.	18.75 340 cal.	14.50 110 cal.
Toppings (each)	50¢	1.50	1.75	2.00	50¢	1.50	2.00	1.50
Hawaiian	7.75	15.25	20.00	22.75	8.25	15.25	22.75	17.50
Chicken Bacon Ranc BBQ Chicken/ Might Buffalo Chicken	•	18.25	23.50	26.75	9.25	18.25	26.75	20.50
Delight/ Deluxe/ Italian Special	9.25	19.75	25.25	28.75	9.75	19.75	28.75	22.00
Veggie Premium Blend/	9.25	20.75	26.25	29.75	9.75	20.75	29.75	23.00
Extra Cheese cal per piece or slice*	75¢ 15-25 cal.	1.75 10-15 cal.	2.00 10-15 cal.	2.50 10-15 cal.	75¢ 15-25 cal.	1.75 20-45 cal.	2.50 40-60 cal.	1.75 10-25 cal.

<sup>\*</sup>Calories based on cheese only, added toppings extra.

DISCLAIMER: While we offer a Gluten-Free pizza crust, we are not a Gluten-Free kitchen. Cross-contamination could occur, and our restaurant is unable to guarantee that menu items can be completely free of allergens.

# **MEAT TOPPINGS**

Sausage	80 - 380 cal	Ham	40 - 180 cal
Pepperoni	90 - 350 cal	Hamburger	.70 - 360 cal
Bacon	.160 - 630 cal	Seasoned Chicken	70 - 270 cal

### **VEGGIE TOPPINGS**

VECCIE I OI I II 100	
Mushrooms	10 - 50 cal
Tomatoes	10 - 40 cal
Onions	15 - 60 cal
Red Onions	15 - 60 cal
Black Olives	80 - 320 cal
Green Olives	110 - 430 cal
Minced Garlic	5 - 15 cal

Green Bell Peppers	10 - 35 cal
Red Bell Peppers	10 - 45 cal
Banana Peppers	5 - 15 cal
Jalapeno Peppers	5 - 15 cal
Hot Pepperoncini	5 - 25 cal
Pineapple	60 - 230 cal

# 12" OVEN-READY (frozen)

Monical's Oven-Ready frozen pizzas provide the convenience of frozen with that great Monical's taste straight from your oven.

-	
Cheese	10.50
Pepperoni	11.50
Sausage	1150

# MAKE IT A PLEASER!

# INDIVIDUAL PLEASER

for only 4.99 more

Add an Individual Garden Salad and a large Soft Drink to your choice of:

• 8" Pizza (Thin/Pan) • 9" Gluten-Free Pizza • Individual Pasta • Sandwich

# FAMILY PLEASER®

for only 9.25 more

Add a Family Garden Salad and a pitcher of Soft Drink to your choice of:

- 16" Pizza (Thin) 14" Pizza (Thin/Pan) 12" Pizza (Thin)
- 9" Gluten-Free Pizza Family Pasta

# SPECIALTY PIZZAS



DELUXE - Sausage, Pepperoni, Mushrooms, Onions, Green Olives, Green Bell Peppers and Hot Pepperoncini

80-450 cal per piece or slice

**DELIGHT** - Sausage, Pepperoni, Mushrooms, Onions and Green Bell Peppers 70-420 cal per piece or slice



MIGHTY MEAT PAN

MIGHTY MEAT - Sausage, Ham, Pepperoni and Bacon 90-490 cal per piece or slice

ITALIAN SPECIAL - Sausage, Pepperoni, Mushrooms, Onions, Green Olives, Hot Pepperoncini 70-430 cal per piece or slice

BBQ CHICKEN - Seasoned Chicken, BBQ Sauce and Premium Blend

80-460 cal per piece or slice

90-520 cal per piece or slice

BUFFALO CHICKEN - Spicy Buffalo Chicken, Ranch Dressing and Premium Blend Cheese.

**VEGGIE** - Mushrooms, Onions, Green Bell Peppers, Black Olives, Tomatoes and Premium Blend Cheese 80-420 cal per piece or slice

**HAWAIIAN** - Ham and Pineapple 60-390 cal per piece or slice

CHICKEN BACON RANCH - Seasoned Chicken Bacon and Ranch Dressing

150-530 cal per piece or slice



For a **Cheese-Free option**, simply ask to remove cheese from any Thin, Pan or Gluten-Free pizza.

# **DESSERTS**



# PANTASTIC COOKIE

Soft oven-baked chocolate chip cookie topped with vanilla ice cream and warm chocolate syrup.

780 cal .

# COOKIES



# **BEVERAGES**



# SOFT DRINKS, ICED TEA, OR SWEET TEA

Large 0-210 cal	2.79
Xtra-Large 0-350 cal	
Pitcher 0-750 cal	725

100% APPLE JUICE 120 cal .. 1.99