This Monical's Pizza is an independently family owned franchise. Prices and items may vary by location.

# **STARTERS**

#### SOFTDOUGH BREADSTICKS



Served with choice of Marinara (adds 25 cal/oz.), , Nacho (adds 35 cal/oz.), Mild Cheddar (adds 40 cal/oz.), Alfredo (adds 20cal/oz) or Garlic Sauce (adds 240 cal/oz).

Pair (2) & 3 oz. of Dippin'	Sauce	3.70
Individual (5) & 3 oz. of D	ippin' Sauce	6.25
Family Pack (10) & 6 oz.	of Dippin' Sauce	10.50
Party Pack (25) & 15 oz. (	of Dippin' Sauce	26.99
130 cal/stick		Dippin' Sauce - 1.09

#### GARLIC CHEESE BREAD

Eight slices of toasted Garlic Sweet Bread topped with Mozzarella cheese. 100 cal/piece

#### WINGS

Your choice of Spicy or BBQ served with Ranch or Bleu Cheese Dressing (adds 130-150 cal/oz.).

Order of 6 & 3 oz. Ranch Dressing	9.99
Order of 12 & 6 oz. Ranch Dressing	
Order of 24 & 10 oz. Ranch Dressing	
Spicy/BBQ 70-100 cal/wing	

#### **MOZZARELLA STICKS**

Mozzarella dipped in Parmesan and Romano breadsing and then baked. Served with 3oz. Marinara (adds 25 cal/oz). Order of 5 .....

90 cal/stick

#### **PEPPEROLLIES**

Fresh-baked rolls with zesty Pepperoni, rich Puree and Four Cheeses. Seasoned with a hint of Garlic and served with Marinara (adds 25 cal/oz.).

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	Order of 3	6.75
	Order of 6	12.50
Order of 12		23.00
220 cal/Peppero	llie	

#### CHEESE FRIES

Hot and tasty oven-baked fries topped with bacon bits and your choice of nacho or cheddar cheese. Add your favorite veggies for just 79¢ for a full order (adds 35-350 cal.), 39¢ for a half order (adds 20-210 cal.) Half Order..... Nacho 620 cal Cheddar 640 cal

Full Order..... Nacho 1240 cal Cheddar 1270 cal

Regular served with 2 Garlic Breadsticks/5 Garlic Regular served with 2 Garlic Breadsticks/5 Ga Breadsticks with Family Pasta (150 cal/stick). Family Size equals 4 servings. Family Size equals 4 servings.

A healthy portion of Spaghetti with Marinara.

#### MEAT RAVIOLI

Beef filled Ravioli topped with rich Marinara.

BAKED MEAT RAVIOLI Regular 670 cal ..... .. 9.99 Family 2690 cal ..

Beef Ravioli baked in a creamy Alfredo Sauce and topped with diced Tomatoes, Bacon, Mozzarella, Provolone and Colby Cheese.



#### LASAGNA

Lasagna noodles layered with Ricotta Cheese topped with Marinara and a blend of Mozzarella, Provolone, and Colby



#### CHEESE TORTELLONI

Regular 490 cal ..... A generous portion of Cheese-Filled Tortelloni topped with rich Marinara.

#### Add Meatballs to any Pasta!

......2.25 Regular order of 3 add 260 cal ...... 

#### Make it a Supreme! Add Premium Blend Cheese.

# SALADS

SIDE OF DRESSING: 15-150 cal/2 tbsp. Sweet & Tart, Creamy Italian, Ranch, Light Ranch, Bleu Cheese, Balsamic Vinaigrette, Thousand Island, Golden Italian, Caesar

#### **GARDEN FRESH SALAD**

Fresh Lettuce with Tomatoes, Shredded Carrots and Colby Cheese. Family 350 cal .....

The following are served with one Softdough Breadstick (130 cal)



### PECAN GRILLED CHICKEN SALAD

Grilled Chicken with Romaine Lettuce, Red Bell Peppers, Red Onions, Toasted Pecans and Shredded Parmesan Cheese. THIS ITEM CONTAINS NUTS.

#### SOUTHWEST CHICKEN SALAD

Grilled Chicken with Romaine Lettuce, diced Red and Green Bell Peppers, Red Onions, and Colby Cheese.

#### CHICKEN CAESAR SALAD

600 cal ..... Grilled Chicken with Romaine Lettuce, Shredded Parmesan, Croutons, and Caesar Dressing.

340 cal ..... Crisp Lettuce topped with Ham, Turkey, Mozzarella and Colby Cheeses, Tomatoes, Shredded Carrots and Red Bell Peppers.

### GRILLED CHICKEN SALAD

340 cal ..... Grilled Chicken with Lettuce, Carrots, Tomatoes, Mozzarella and Colby.

#### EXTRA MOZZARELLA, COLBY OR TOPPINGS



5 oz. Dressing To Go 80-750 cal.....1.09

# ANDWICHES Served warm on a White, Sweet or Wheat Roll with Chips (add 140-240 cal).

Calorie count based on regular size sandwich. Large equals 2 servings.



### HOT SICILIAN

White- 840 cal Sweet - 820 cal Wheat - 750 cal Sweet Roll, Sliced Ham, Bacon, Pepperoni, melted Mozzarella and Lettuce with Mustard Sauce.

#### TURKEY SUB

White- 860 cal Sweet - 840 cal Wheat - 770 cal

Sweet Roll, Sliced Turkey combined with Lettuce, Tomato, Mozzarella, and Mayo. Add Bacon: Regular (add 130 cal) for \$1.25 or Large (add 260 cal) for \$2 more.

#### **BBQ CHICKEN**

White- 830 cal Sweet - 810 cal Wheat - 740 cal Grilled Chicken with BBQ Sauce and topped with melted Mozzarella.



#### ITALIAN BEEF

White- 660 cal Sweet - 630 cal Wheat - 570 cal Seasoned Beef served with Au Jus and a side of Hot Pepperoncini (add 10 cal). Add Mozzarella: Regular (add 180 cal) for \$1.25 more or Large (add 360 cal) for \$2 more.

#### CHICKEN BACON RANCH

White- 1120 cal Sweet - 1060 cal Wheat - 990 cal Sweet Roll layered with Ranch, Seasoned Chicken, Bacon and Mozzarella.

#### MEATBALL SUB

White- 1170 cal Sweet - 1070 cal Wheat - 1000 cal Meatballs on a Sweet Roll with melted Mozzarella and Marinara. Served with a side of Hot Pepperoncini (add 10 cal) and Marinara (add 25 cal/oz.) for dipping.

#### HAM & CHEESE

White- 610 cal Sweet - 590 cal Wheat - 520 cal Sliced Ham, topped with melted American Cheese served on a Sweet Roll.

#### **BUFFALO CHICKEN**

White- 1010 cal Sweet - 940 cal Wheat - 880 cal

Seasoned Chicken in Buffalo sauce with Ranch and Mozzarella on a Sweet Roll.

#### ITALIAN SUB

EXTRA CHIPS .....

White- 890 cal Sweet - 870 cal Wheat - 800 cal

Sweet Roll, Ham, Genoa Salami, Pepperoni, Green Olives, Hot Pepper Cheese and Onions, topped with Lettuce and Tomatoes.

EXTRAS VEGGIES	Regular 50¢ ea	Large 1.00 ea
MEAT OR CHEESE	Regular 1.25 ea	Large 2.00 ea

1.49 ea

NOTICE TO CONSUMERS: Please communicate any food allergies to an employee of this establishment and that employee shall communicate that food allergy information to the Person In Charge or Certified Food Protection Manager on duty at this establishment. 2,000 calories a day is used for general nutrition advice, but calorie needs vary. For complete nutritional meal calculator, visit www.monicals.com

## PZZAS Famous for The Family Pleaser® - Pizza, Family Salad, and Pitcher

	THIN C	RUST			PAN			<b>GLUTEN-FREE</b>
	8"	12"	14"	16"	8"	10"	14"	9"
Portion Size	<u>6 slices</u>	16 pieces	25 pieces	36 pieces	<u>6 slices</u>	6 slices	8 slices	8 slices
Cheese Only cal per piece or slice*	6.75 80 cal.	12.25 70 cal.	16.50 60 cal.	18.75 50 cal.	7.25 120 cal.	12.25 240 cal.	18.75 340 cal.	14.50 110 cal.
Toppings (each)	50¢	1.50	1.75	2.00	50¢	1.50	2.00	1.50
Hawaiian	7.75	15.25	20.00	22.75	8.25	15.25	22.75	17.50
Chicken Bacon Rand BBQ Chicken/ Migh Buffalo Chicken/ Ma	ty Meat	18.25	23.50	26.75	9.25	18.25	26.75	20.50
Delight/ Deluxe/ Italian Special/ Florentine/ Veggie	9.25	19.75	25.25	28.75	9.75	19.75	28.75	22.00
Premium Blend/ Extra Cheese cal per piece or slice*	75¢ 15-25 cal.	1.75 10-15 cal.	2.00 10-15 cal.	2.50 10-15 cal.	75¢ 15-25 cal.	1.75 20-45 cal.	2.50 40-60 cal.	1.75 10-25 cal.

\*Calories based on cheese only, added toppings extra.

DISCLAIMER: While we offer a Gluten-Free pizza crust, we are not a Gluten-Free kitchen. Cross-contamination could occur, and our restaurant is unable to guarantee that menu items can be completely free of allergens.

#### **MEAT TOPPINGS**

Sausage	80 - 380 cal
Pepperoni	90 - 350 cal
Bacon	160 - 630 cal
Ham	40 - 180 cal
Hamburger	70 - 360 cal
Steak	80 - 300 cal
Seasoned	
Chicken	70 - 270 cal

#### **VEGGIE TOPPINGS**

Mushrooms	10 - 50 cal
Tomatoes	10 - 40 cal
Onions	15 - 60 cal
Red Onions	15 - 60 cal
Fresh Spinach	5 - 20 cal
Black Olives	80 - 320 cal
Green Olives	110 - 430 cal
Minced Garlic	5 - 15 cal

#### Green Bell

Peppers	10 - 35 cal
Red Bell Peppers	10 - 45 cal
Banana Peppers.	5 - 15 cal
Jalapeno Peppers	s5 - 15 cal
Hot Pepperoncini	5 - 25 cal
Pineapple6	60 - 230 cal

## 12" OVEN-READY (frozen)

Monical's Oven-Ready frozen pizzas provide the convenience of frozen with that great Monical's taste

Cheese	10.50
Pepperoni	11.25
Sausage	11.25

straight from your oven.

Cricese	10.00
Pepperoni	11.25
Sausage	11.25

## MAKE IT A PLEASER!

#### FAMILY PLEASER® for only 9.25 more

Add a Family Garden Salad and a pitcher of Soft Drink to your choice of:

- 16" Pizza (Thin)
- 14" Pizza (Thin/Pan)
- 12" Pizza (Thin)
- 9" Gluten-Free Pizza
- Family Pasta

#### PLEASER FOR 2

for only 7.50 more

Add two Individual Garden Salads and two large Soft Drinks to your choice of:

- 16" Pizza (Thin)
- 14" Pizza (Thin/Pan)
- 12" Pizza (Thin)
- 10" Pizza (Pan)
- 9" Gluten-Free Pizza

## INDIVIDUAL PLEASER

for only 4.99 more

Add an Individual Garden Salad and a large Soft Drink to your choice of:

- 8" Pizza (Thin/Pan)
- 9" Gluten-Free Pizza
- Individual Pasta
- Sandwich

# SPECIALTY PIZZAS



**DELUXE** - Sausage, Pepperoni, Mushrooms, Onions, Green Olives, Green Bell Peppers and Hot Pepperoncini 80-450 cal per piece or slice

**DELIGHT** - Sausage, Pepperoni, Mushrooms, Onions and Green Bell Peppers 70-420 cal per piece or slice



MIGHTY MEAT - Sausage, Ham, Pepperoni and Bacon 90-490 cal per piece or slice

ITALIAN SPECIAL - Sausage, , Mushrooms, Onions, Green Olives and Hot Pepperoncini 70-430 cal per piece or slice

**HAWAIIAN** - Ham and Pineapple 60-390 cal per piece or slice

BBQ CHICKEN - Seasoned Chicken, BBQ Sauce and Premium Blend Cheese 80-460 cal per piece or slice

BUFFALO CHICKEN - Spicy Buffalo Chicken, Ranch Dressing and Premium Blend Cheese 90-250 cal per piece or slice

MARGHARITA - Olive Oil, Tomatoes, Minced Garlic and Parmesan 50-330 cal per piece or slice

**VEGGIE** - Mushrooms, Onions, Green Bell Peppers, Black Olives, Tomatoes and Premium Blend Cheese 70-420 cal per piece or slice

FLORENTINE - Spinach, Minced Garlic, Red Bell Peppers and Red Onion with a thin layer of Mozzarella Cheese 80-450 cal per piece or slice

CHICKEN BACON RANCH - Seasoned Chicken, Bacon and Ranch Dressing 150-530 cal per piece or slice



For a Cheese-Free option, simply ask to remove cheese from any Thin, Pan or Gluten-Free pizza.

## **DESSERTS**



### COOKIE MONSTER

Soft oven-baked chocolate chip cookie topped with vanilla ice cream and warm chocolate syrup.

780 cal.

**COOKIES** ..... 1 Cookie for 2.49 ........... 6 Cookies for 12.99 Enjoy now or take some home for later. 380-500 cal per cookie

### CINNAMON DESSERT PIZZA

Decadently delicious 10" oven-baked sweet cinnamon pizza drizzled with icing.

1870 cal ...

# BEVERAGES



We proudly serve 🍘 products. Free refills on Soft Drinks, Coffee, Iced Tea and Sweet Tea.

#### SOFT DRINKS, ICED TEA, OR SWEET TEA

Large 0-210 cal ...... 2.89 X-Large 0-210 cal ...... 3.50 Pitcher 0-740 cal ...... 7.25

#### **BOTTLED BEERS**

Selection may vary by location. Bucket is equal to 4 bottles. Ask server for selection.

#### **BOTTLED WINE**

Selection may vary by location. Ask your server for our current selection.

### **2% WHITE MILK** 100-110 cal .. 1.99 CHOCOLATE MILK

160-200 cal ...... 100% APPLE JUICE 120 cal . 1.99 

Prices and items subject to change. Visit monicals.com for catering, fundraising, gift cards and Monical's merchandise.